



## Log & Dialog

Issue # 9

August 2007

### Welcome Back!



De Vitale RN,  
Delaware County Community College

As we all prepare to begin anew in yet another academic year SPCHNA as an Organization is also beginning anew. At our Spring conference new officers were elected and will begin their responsibilities with our Fall conference. As I welcome you back from your summer respite I am also bidding you adieu as your President. It has been my privilege to serve SPCHNA as I have found it to be a most rewarding experience. I've had the opportunity to get to know many of you better while sharing ideas and concerns. I'd like to thank all of you for your support, help and encouragement. In particular, I owe a debt of thanks to those officers who served with me: Vice-Presidents Mary DeSimone and Geri Cole; Treasurers Anne Whitehead and Claire Washington; and our Secretary Eileen Halter. We all worked well together accomplishing the following during our term: revised our BY-LAWS defining lifetime membership and setting registration deadlines to help our treasurer keep timely track of records; wrote a mission statement for SPCHNA; sponsored a survey to better identify your needs; created a website on which to post needed information and forms; we also sponsored a logo contest to give us an "identity" to the outside world which has been registered with the US Copyright Office.

I have every bit of confidence that you will give your newly elected officers all the support, help and encouragement they will need to serve you over the next two years.

Please remember to review our website at least bi-monthly so that you will be aware of any changes or additions. The postage saved by posting forms that you need on the web site more than pays for the monthly cost of the web site (\$9.95).

Just go to [www.spchna.com](http://www.spchna.com) and click on the forms needed. Your annual registration form is posted there and needs to be returned to the treasurer, Claire Washington by October 1<sup>st</sup> so that you qualify for lower conference fees during the year.

Thank You and I look forward to seeing you at our next conference.

De Vitale

P.S.- for all those who ask about how to pronounce SPCHNA- It sounds like spich-Na ☺

### A Note from your new President: August, 2007



We are off and running with another semester. August starts us out with athletic physicals and orientation, then into URI's and GI complaints with a few injuries for variety. Then before we know it, we are getting near to final exams; stress and anxiety seem to take the forefront. I always look forward to the new students coming in and those returning and am amazed at how fast the semesters fly by. This semester starts my 9<sup>th</sup> year in College Health

I also feel very privileged to be serving SPCHNA as president. I value the networking and continuing education provided by SPCHNA. I would like to thank De Vitale, past president for orienting me and offering to be only an email or phone call away for the questions I will be certain to have. Thanks, De.

I look forward to working with the other officers. Geri Cole, vice president, will be a good resource and will continue to handle conference contact hour applications, should host institutions request help. Pat Roberts, secretary, is also new to the board and has had a good orientation by Eileen Halter, the past secretary. Rita Harper, elected treasurer, has declined to continue in this role, due to the requirements of the treasurer position and her own work and family responsibilities. Claire Washington, past treasurer has agreed to continue in her position as treasurer for the present. Thank you, Claire!

Hope to see you all in West Chester for the Fall conference. This one sounds like one you won't want to miss. See you there.

Chris Rooney

### Conference News:

Our sincere thanks to the staff at Philadelphia University for hosting our spring conference. Karen Dahlquist, Kirstin Patragnoni-Sauter and Beth Anne Hampson did an outstanding job of organizing this educational opportunity. Thanks also to the administration of Philadelphia University who decided to underwrite the cost of the conference with the exception of speaker honorariums. It was much appreciated.

At the conference we paid tribute to Margot Heilig RN, SPCHNA co-founder, who passed away on March 20<sup>th</sup>. In her name a \$100 contribution was made to the student emergency fund at DCCC as per her family request.

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### **Future Conferences**

The following member institutions have volunteered to host future conferences:

Mark Your calendars:

Fall 2007 – West Chester University: date: October 20, 2007  
Spring 2008 – LaSalle University: date May 21, 2008 (many of you have asked for a weekday conference so that you could attend on work time and not take away from family time on weekends. LaSalle has offered to host this weekday conference in hopes it will work for most. Thank You Dina Oleksiak, Director of Health Services at LaSalle for your willingness to host.

Fall 2008 will be hosted by Villanova University- date to be announced.

*Why not consider offering now to host for Spring 2009?*  
(Remember - Conference planning help is available to help if needed – just give Geri Cole a call at Swarthmore)

Conference fees also remain the same:  
\$35.00 for members (if dues are paid by the deadline of Oct. 1<sup>st</sup>).  
\$60.00 for non-members

Those without e-mail access will receive a conference flyer in August or September. Contact hours will be awarded to members for attending this conference. The registration form will be available on our web site as soon as it's ready so that you can easily print out your form and any additional copies you may need for co-workers.

### **Winter Network Meeting:**

**Elizabethtown College** has graciously volunteered to host our next Winter Network meeting in January 2008. Date to be announced.

As many of you know, Winter Networking Meetings are wonderful opportunities to get to know each other better and share experiences. It also gives us opportunities to problem solve together in a relaxed environment.

Kirstin Patragnoni-Sauter, new to College Health at Philadelphia University, has graciously volunteered to take over as our membership chairperson. Kirstin will put together our annual membership directory once she receives your membership info from our treasurer.

If any of your information changes, please contact Kirstin so your info can be updated. You can reach Kirstin by phone or e-mail at: 215-951-2986 patragonik@philau.edu

Remember – inclusion in the list-serve is a benefit of active membership. This is a valuable source of sharing information with each other.



### **SPCHNA e-mail List Serve**

Lynn Nelson-Russom at Widener University continues to take care of this valuable resource. If you have recently started using e-mail or had an address change please send it to Lynn at:

[lanelsonrussom@mail.widener.edu](mailto:lanelsonrussom@mail.widener.edu)

We'd also like to extend a thank you to Ellen Bedenko, Swarthmore for her 2-year effort to organize SPCHNA records so that we can begin to visualize a clearer picture of SPCHNA history. Chris Rooney, your new President, has expressed an interest in continuing that work. Thank you both.

### **Farewell**

This Spring we bid a fond farewell to Grace Spena from Montgomery County Community College who has served as our membership chair for the last 5 years. Grace has taken a management position at Jefferson University Hospital. Also, Linda Echols, CRNP, Director of Health Services at Swarthmore has plans to retire shortly. . Good Luck to both Grace and Linda. Thanks for all your help and support over the years



News of Note: SPCHNA will celebrate it's 30<sup>th</sup> Anniversary in October of 2008.

We'll have to think of a way to celebrate!

### **Your new officers are:**

Please call us with any questions or if we can help in any way

#### **President:**

Chris Rooney, Millersville University  
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#### **Vice-President:**

Geri Cole, Swarthmore College  
610-328-8058 FAX 610-918-6144  
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#### **Secretary:**

Pat Roberts, Haverford College  
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#### **Treasurer:** (Appointed after Rita Harper's resignation):

Claire Washington, Arcadia University  
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