



Log & Dialogue

DECEMBER 2007

As College health nurses, we strive to provide communication and peer support among members while encouraging professional growth and providing educational opportunities.

Happy Holidays

Reminders

- Listserv is one of the benefits of membership. Please take a moment to respond to your colleagues inquiries. Have a question - ask the membership.
- Keep your membership information up-to-date by emailing Kirsten at patragnonik@philau.edu
- Photos and documents welcome to help celebrate our 30th Anniversary. Contact Chris at chris.rooney@millersville.edu
- Invite a colleague to our spring conference. May 21, 2008
- Mark you calendars for the Winter Networking Meeting January 26, 2008 9:00 a.m. - noon.

So often during the semester, we are so busy working with our heads down, taking care of our students and all the administrative duties that our jobs entail, that we forget why we have chosen college health nursing. Add the stressors of our personal life and our "things to do list" and we don't take time to reflect on the importance of our work.

It only takes one student who expresses gratitude on the way out the door after you have given medicine for a cold, reassurance that they are OK, tools to handle their stress, or maybe just listen to them, that gives us renewed commitment to our jobs and the work we do. You really do make a difference!

I am grateful for the colleagues who have volunteered to serve our organization. Special thanks to those who have volunteered to host our conferences and networking meetings. The officers—Geri for handling the CEU's (a very demanding job), Claire—handling the money (and what a job that is!), Pat, our secretary (we are hard to keep track of!) Kristen—keeping our membership roster up to date and Lynn for all the email communication we receive. De for the website. Those who have volunteered to serve on committees are sharing precious time *for us*. I appreciate those who have attended conferences and meetings, sharing their experiences and expertise. Everyone who responds to an email inquiry is taking time to share with our colleagues. What a great gift we give to each other! Thank you.



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Significantly **P**recious **C**ollege **H**ealth **N**urses **A**re here for you and me. Wishing you a happy and healthy 2008.

Chris Rooney R.N. , Millersville University

Winter Networking Meeting

When: Saturday, January 26, 2008 9:00 –12:00 p.m.

Where: Baugher Learning Center, Room 233 Elizabethtown College

Host: Sandy Spayd and the Elizabethtown staff (Thank you for volunteering to host)

What: Sharing and discussion of STI testing, GC/Chlamydia, BV, PAP's. Diagnostic methods, policies, forms, fees, statistics, QA activities.. Student Learning Outcome documentation. Bring approx. 25 copies of helpful documents.

Why: Although we do not receive CEU's, this is a great opportunity to "network" with other college health nurses, share new ideas and innovations. Bonus: outlet shopping after the meeting!

More details on the listserv in January. Questions and R.S. V. P. to spaydal@etown.edu



Leadership Directory

President: Chris Rooney Millersville University
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Fall Conference Recap

Kudos to Robin Spragins, Mary Jane Rogan and the West Chester University Health Services staff for hosting and providing “*Information Technology in College Health Nursing*.” Thank you for all your hard work. Approximately 30 attended this conference. Brent Thompson, DSNc discussed transforming technology, Walt Cresslar, PhD, online resources, Chrissy Bushyacher, MA online assessment and education tools, and Kathy Westhafer, personal health records. Geri Cole assisted in obtaining 6.0 contact hours from the Pennsylvania Nurse’s Association.

Breakfast and lunch were great, special thanks to Merck and Pfizer for providing lunch. The Business Center was an added treat with each of us having a laptop to go online and view “real time” the online sites presented by the speakers.

Treat your password like your toothbrush. Don't let anybody else use it, and get a new one every six months. ~Clifford Stoll



Business Meeting Highlights

Treasurer’s Report—Projected balance after conference fees and outstanding checks \$1920.23
SPCHNA 30th Anniversary—Fall 2008 Planning special events to honor 3 co-founders, retired members, and lifetime membership. Historical review. More ideas welcome.
By-Law Review Committee: Pat Roberts, Lori Crosswhite, Kim Miller, and Beth Kotarski to review current by-laws with special attention to officer appointments, financial reviews, non profit status, dues and conference fee deadlines, etc. Suggestions or volunteers to serve contact Chris Rooney or Pat Roberts—see contact information above.
Discussion of membership expansion presented by Dina Oleksiak, LaSalle University—to include non nursing health service staff. Discussion to continue at our next meeting.
Linda Echols, Swarthmore, retirement recognized. New Members recognized: Kim Miller, Lincoln U. Gail Treires, Millersville and Dawn Kayes, Villanova.

Upcoming Conferences

SPCHNA

Spring Conference

May 21, 2008 LaSalle University

“Emerging Infectious Diseases in College Health” MRSA, TB, etc.

Mid week conference - remember to register by the printed deadline

Fall Conference:

October 18, 2008 Villanova University Topic: Asthma +

ACHA Annual Conference

June 3-7 Orlando, Florida “Partners Under the Palms”

Focus—Obesity in College Health

Maryland College Health Association Annual Conference

June 10-12, 2008 Tentative dates University of Delaware

SPCHNA NEEDS YOU:

Consider hosting our Spring or Fall 2009 conference -- Take a moment to recall the “great” conferences hosted by our membership:

Fall '07	West Chester
Spring '07	Philadelphia University
Fall '06	York College
Spring '06	Community College of Philadelphia
Fall '05	Alvernia
Spring '05	Franklin and Marshall College
Fall '04	Elizabethtown College
Spring '04	Widener University

Sign up early to host -- beat the rush - you choose the date!

