



Log and Dialogue

Fall 2017
Newsletter

Southeastern Pennsylvania College Health Nurses Association, Inc.

Greetings Members,

Fall is here and our campuses are busy with all the excitement of students' activities. It seems like we just welcomed students back to campus, but now we are quickly preparing our campuses for the "cold and flu season." Here at Haverford we are in full swing of flu vaccine clinics in great hope to keep our campus herd healthy. The best way to avoid the flu is to get the flu vaccine each year. For more flu facts check out: <https://www.cdc.gov/flu/keyfacts.htm>

Past Few Month!

Our nation has gone through some dreadful events: severe weather in TX, FL, PR, along with the Caribbean, then a horrific violence shooting in Nevada. Many of us are looking to help others who have suffered unimaginable loss. In September, Haverford College joined with local Episcopal Churches to drive supplies to Houston, TX. As opportunities come forward, I hope members will share with our group, so we can all participate some way in the effort.

How to Help Now!

<https://www.oneamericaappeal.org/>

Former Presidents unite to help our fellow citizens in Texas, Florida and the Caribbean as they recover and rebuild

https://secure.americares.org/site/Donation2?dfid=22510&mfc_pref=T&22510.donation=form1

Provides emergency medicine, supplies and medical outreach as AmeriCares responds to the urgent needs of people already devastated by Hurricane Irma that are now caught in Hurricane Maria's destructive path.

<http://www.redcrossblood.org/donating-blood>

Please consider donating blood

News

- **11/17 – Sign up for Winter Conference**
www.spchna.org
- **New/ Renewal of Membership on line**
Questions Contact Treasurer:
Cheryl Donnelly,
cdonnel1@swarthmore.edu
- **May 2018 needed volunteers –open positions for SPCHNA: VP & Treasurer**

Professional Development

[Future Conferences in 2017-2018](#)

SAVE THE DATES

MACHA – Pittsburgh, PA – 10/19-10/20

SPCHNA Winter Conference-
Rosemont College – January 8, 2018

Website: www.spchna.org **Board** - President: Catherine Sharbaugh, csharbau@haverford.edu
Vice President: Susan Fitzgerald, sfitzgerald@cabrini.edu; Secretary: Tonya Walter, tkw004@bucknell.edu, Cheryl Donnelly, cdonnel1@swarthmore.edu; Member at Large: Mary Agnes Ostick, maryagnes.ostick@villanova.edu