



# Log & Dialogue

[www.SPCHNA.org](http://www.SPCHNA.org)

FALL 2011

September 20, 2011

## Message from Past President

In 2007 when I volunteered for a board position, I was hoping to serve as the secretary, but De Vitale encouraged me to place my name on the ballot as President. In the past four years, it has been my pleasure to have worked with the other board members and committee chairs: De Vitale, Pat Roberts, Karen Dahlquist, Claire Washington, Geri Cole, Kirsten Patragnoni-Sauter, Lynn Nelson-Russom, Grace Spena, and countless others who volunteered to host conferences or networking meetings. The contributions of these individuals have provided friendship and collegiality in college health nursing. Other members have reached out asking questions or sharing experiences.

During the past four years, we as college health nurses have survived TB cases, MRSA, meningitis, H1N1, EMR's, financial cutbacks, and many other challenges. We have had the opportunity to attend conferences to obtain CE's and share at networking meetings. Some of our members have retired, passed away or moved on and we appreciate their gifts to us.

SPCHNA is a treasure and each member is a valuable jewel. Thank you for sharing your sparkle.  
Chris Rooney, RN

## Earthquake Rumbblings, Hurricanes, & Rain—Oh My!

This is the beginning of my term as president. I can only hope that these geological/weather events are not a sign of my future success in leading the organization. Following on the heels of Chris won't be easy. Chris continues to volunteer for the organization and to be an outstanding resource for college health services as well as conference planning. We are lucky to have such a dedicated colleague.

As we move forward, please feel free to email or call me with ideas to advance our organization. By the way, I finished my doctoral program. My project included a "toolkit" for college health professionals. The toolkit includes evidence based guideline summaries and preventative service recommendations (appropriate for use in our student population) with free access to each of the links listed on the spreadsheet. Please e mail me if you are interested in a copy. I will send the file as an attachment.

Let us look forward to keeping our students and community safe and healthy this year.  
Keep smiling and be sure to keep your boots handy!



Karen Dahlquist DNP, CRNP  
[dahlquistk@PhilaU.edu](mailto:dahlquistk@PhilaU.edu)

## Summer News You May Have Missed

### **Affordable Care Act:**

Starting Aug. 1, 2012, all private insurance plans will be required to cover women's preventive services without charging a co-pay or deductible. Those preventive services include well-woman visits, screening for gestational diabetes, breast-feeding support, domestic violence screening, and all FDA-approved birth control methods, including emergency contraception.

You can read more at <http://www.healthcare.gov/law/introduction/index.html>

### **CDC Guide to Infection Prevention for Outpatient Settings**

Download the printable [Guide to Infection Prevention for Outpatient Settings:](#)

[Minimum Expectations for Safe Care](#)  [PDF - 620 KB] May 2011

### **Measles Incidence on the Rise**

<http://emergency.cdc.gov/HAN/han00323.asp>



## Summer Newsletters

### **Children's Hospital of Philadelphia (CHOP) Vaccine Newsletter: 7/2011**

Some repetition of above information. "On the Calendar" identifies meetings/webinars/seminars with and without CE.

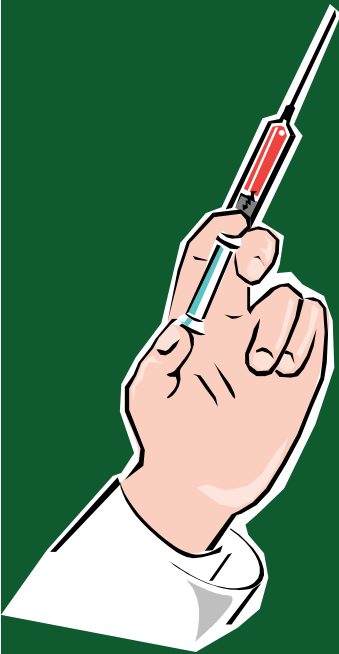
<http://www.chop.edu/newsletters/vaccine-update/2011/july-2011.html#journal>

### **July 2011 issue of *Needle Tips*:**

*Current VISs, Vaccination Schedules, and Recommendations.*

*Also: additional information r/t Measles*

<http://www.immunize.org/nslt.d/n49/n49.pdf>



## Handwashing Power Point

Part of the recommendations of the CDC regarding infection prevention in outpatient settings included educating staff on the importance of handwashing. I made a power point presentation on handwashing. Please e mail me if you are interested . [dahlquistk@PhilaU.edu](mailto:dahlquistk@PhilaU.edu)



# SPCHNA Membership

SPCHNA Membership: Renew by December 31, 2012

Must be done via the SPCHNA website: [www.SPCHNA.org](http://www.SPCHNA.org)

Membership: January 1, 2012 - December 31, 2012

Fee: \$35 Check or Pay Pal

**Mail Checks to:**

SPCHNA  
c/o Pat Roberts, RN  
Haverford College  
Student Health Service  
370 Lancaster Avenue  
Haverford, PA 19041

## The SPCHNA Website

**Send queries to the members, read what others are talking about: :**

Go to: [www.SPCHNA.org](http://www.SPCHNA.org)

Click on Members Only

Click on Members Forum

**Check subscribe in right upper corner of page**

Create Topic whenever you have a question

**Do you have something interesting to share with members?**

Go to: [www.SPCHNA.org](http://www.SPCHNA.org)

Click on News

Add Post

## Think About Hosting a SPCHNA Conference

SPCHNA membership/conference fees support the costs for CEUs, speakers, photocopies, food, notebooks, table center pieces.

Volunteers are usually available to help with planning.

The only thing you are not reimbursed for is your generous offer of time.

**Maybe you would like to host the winter networking meeting:**

not a conference, provide a space for colleagues to network and discuss approaches to common problems, etc.



## SPCHNA By Laws

Recently updated to the website by Pat Roberts.  
To review them:

Go to: [www.SPCHNA.org](http://www.SPCHNA.org)  
Open: [About SPCHNA](#) (on left)  
Scroll to the bottom of the page  
Click on [Bylaws](#)

### Coming Events:

**Mid-Atlantic College Health  
Association Conference  
(MACHA)**

**Baltimore 10/02-10/03**

**SPCHNA Winter Networking  
Swarthmore**

**SPCHNA Spring Conference  
Haverford**



## **Fall Conference: Saturday 11/5**

### **Lebanon Valley College**

**<http://www.spchna.org/Resources/Documents/Brochure.pdf>**

Thank you to the Planning Committee:

Valerie Angeli, BSN, RN, Director of Health Services Lebanon Valley College  
Diane Whitcomb, RN Lebanon Valley College  
Chris Rooney, BSN, RN University Nurse, Millersville University

#### **To register to attend:**

Go to: [www.SPCHNA.org](http://www.SPCHNA.org)  
Click on [Events](#) (on the left)  
Click on [Register](#) (at the bottom)

**Avoid the late fee: register and pay by 10/20/11**